



FHT
COMPLEMENTARY • BEAUTY • SPORTS

COVID-19 INFORMATION for Mobile Therapists

Prior to your treatment you will be asked to:

- ✓ Wash your hands, or use hand sanitiser.
- ✓ Ensure other members of your household or colleagues are in another area of the building.
- ✓ Follow guidelines on the use of PPE.
- ✓ Complete a COVID-19 consultation form.
- ✓ Contact your therapist and re-schedule if you have any symptoms of COVID-19, or if any person in your household is self-isolating.
- ✓ Ventilate the treatment space before your therapist arrives, by opening a window or door.
- ✓ Choose the appropriate pre blended oils, warm the oils.
- ✓ Discuss your concerns, plus any problem areas you may need work on. The therapist will discuss the treatment and explain how the treatment works.
- ✓ Provide two large bath towels and two small towels.
- ✓ Turn all mobile phones off.
- ✓ If you have any allergies or allergic reactions, you need to let the therapist know.

At your treatment your therapist will:

- ✓ Wear a mask & visor.
- ✓ Complete a signed consultation form.
- ✓ Wash their hands on arrival with their own soap & towel.
- ✓ Follow guidelines on the use of personal protective equipment (PPE).
- ✓ Disinfect non-porous materials, e.g. massage couch or chair.
- ✓ Place new-couch roll and other disposable materials.
- ✓ Change their apron if needed.
- ✓ Wear durable, disposable gloves when cleaning equipment.
- ✓ Maintain social distancing before and after the treatment.

If you have any questions or concerns, please contact your therapist, Bernadine on: 07775 661 010

This information may be updated in accordance with government policy and FHT guidelines.

Visit fht.org.uk/coronavirus for more details.